



### Wash Your Hands Daily!

Handwashing is a simple yet powerful act that can prevent the spread of diseases and promote good health. Recognizing the significance of hand hygiene, the Global Handwashing Partnership established Global Handwashing Day. This annual event, celebrated on October 15th, aims to raise awareness about the importance of handwashing with soap and water.

In preschool settings, where young children are in close proximity, handwashing plays a crucial role in maintaining a healthy environment. Global Handwashing Day holds particular significance in preschools as it helps in instilling good hygiene habits in young minds. Let's explore why this day is important to be celebrated in preschools and how Udayan Kidz Preschool commemorates this occasion.



## Why Celebrie it in Preschools?

#### **Health Education:**

Global Handwashing Day provides an opportunity to educate young children about the importance of hand hygiene. Preschoolers learn about germs, how they spread, and the role of handwashing in keeping themselves and others healthy. This early education lays a foundation for lifelong healthy habits.

#### **Behavior Formation:**

Preschool is a crucial period for shaping children's behavior. By celebrating Global Handwashing Day, preschools create a positive and engaging environment that encourages children to adopt proper handwashing practices. Regular reinforcement of these habits helps children develop them as routine and automatic actions.

#### **Empowerment:**

Teaching preschoolers about hand hygiene empowers them to take control of their health and well-being. When children understand the impact of handwashing on disease prevention, they become active participants in maintaining a clean and healthy environment.



## Celebration of Global Handwashing Day at Udayan Kidz Preschool









#### Handwashing Demonstrations

Teachers at Udayan Kidz Preschool conduct interactive sessions where they demonstrate proper handwashing techniques to the students. They emphasize the key steps, such as wetting hands, applying soap, lathering, scrubbing for at least 20 seconds, rinsing, and drying with a clean towel or air dry.

#### **Creative Art Projects**

Preschoolers at Udayan Kidz Preschool participate in creative art projects that revolve around handwashing. They create handprint posters, artwork depicting germs and soap, and crafts related to hand hygiene. These projects not only enhance creativity but also reinforce the importance of handwashing.



Global Handwashing Day serves as a reminder of the significance of hand hygiene in preventing the spread of diseases. Celebrating this day in preschools, like Udayan Kidz Preschool, helps in imparting essential health education and fostering good hygiene habits among young children. Through engaging activities and initiatives, preschoolers learn the importance of handwashing while having fun. Let us all come together to promote hand hygiene and create a healthier future for our children.

# Thank You